



# Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 8th Edition (2 Volume Set)

*Sharon L. Lewis, Shannon Ruff Dirksen, Margaret M. Heitkemper, Linda Bucher, Ian Camera*

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Written by a dedicated team of expert authors led by Sharon Lewis, **Medical-Surgical Nursing, 8<sup>th</sup> Edition** offers up-to-date coverage of the latest trends, hot topics, and clinical developments in the field, to help you provide exceptional care in today's fast-paced health care environment. Completely revised and updated content explores patient care in various clinical settings and focuses on key topics such as prioritization, clinical decision-making, patient safety, and NCLEX<sup>®</sup> exam preparation. A variety of helpful boxes and tables make it easy to find essential information and the accessible writing style makes even complex concepts easy to grasp! Best of all - a complete collection of interactive learning and study tools on the enclosed CD and accompanying website help you learn more effectively and offer valuable, real-world preparation for clinical practice.

- Provides a strong foundation in medical-surgical nursing in a highly readable format.
- All content is written and reviewed by leading experts in the field to ensure that information is comprehensive, current, and clinically accurate.
- Colorful design and over 1,400 full-color illustrations clearly demonstrate disease processes and related anatomy and physiology.
- **UNIQUE!** A complete collection of study tools and resources, including the innovative *Stress-Busting Kit for Nursing Students*, offers engaging, interactive exercises and activities that make learning more effective and help prepare you for clinical practice.
- **UNIQUE!** Presents key nursing management content using a "levels of care" approach that explains how nursing care varies for different levels of health and illness.
- Approximately 55 comprehensive nursing care plans incorporate NIC, NOC, and current NANDA diagnoses, defining characteristics, expected outcomes, specific nursing interventions with rationales, evaluation criteria, and collaborative problems.
- *Bridge to NCLEX Examination Review Questions* at the end of each chapter focus on prioritization and help reinforce your understanding of key content.
- *Evidence-Based Practice* boxes summarize key interdisciplinary research and clearly demonstrate how it applies to nursing practice.
- *Collaborative Management* headings and *Collaborative Care* tables emphasize the importance of total patient care in today's health care settings and provide a clear understanding of each provider's role in managing disorders.
- *Drug Alert* boxes highlight important considerations applicable to key drugs.
- *Healthy People* boxes summarize government health care goals as they relate to specific disorders and identify important strategies for the prevention and early detection of diseases.
- *Drug Therapy* tables highlight vital medication information for quick reference.
- *Nutritional Therapy* tables summarize nutritional interventions and strategies for promoting healthy lifestyles in patients with various conditions.
- Cultural and ethnic health disparities content includes a dedicated chapter on health disparities and culturally competent care, as well as summary boxes highlighting important issues (including risk factors) related to the nursing care of various ethnic populations.
- Extensive gerontologic content discusses age-related changes for each body system and alerts you to

differences often encountered in older patients.

- *Emergency Management* tables outline the treatment of health problems most likely to create medical emergencies.
- *Health History* tables summarize the key questions you should ask, as well as important assessment parameters.
- *Patient and Caregiver Teaching Guides* provide critical information to help you educate others who will be helping to care for the patient.
- *Ethical Dilemmas* boxes promote critical thinking for timely and sensitive issues such as informed consent, patient adherence, guardianship, confidentiality, and sterilization.
- *Complementary and Alternative Therapies* boxes summarize what you need to know about the clinical uses, effects, and nursing implications of herbal remedies, acupuncture, biofeedback, and more
- *Genetics in Clinical Practice* boxes cover key topics such as genetic testing, Alzheimer's disease, sickle cell disease, and genetics-related ethics issues.
- A glossary of key terms and definitions in the back of the book provides definitions and page references.
- Completely revised and revamped content is more readable, concise, and user-friendly.
- Reorganized coverage reflects an increased emphasis on more common disorders versus rare disorders.
- An increased focus on prioritization is featured throughout the text and in the review questions, nursing care plans, and case studies.
- Expanded coverage of delegation includes *Delegation Decisions* boxes throughout the text that highlight specific topics and skills related to delegation.
- End-of-chapter *Clinical Decision-Making Exercises* feature case scenarios that emphasize prioritization, delegation, and concept mapping.
- End-of-chapter review sections now feature alternate item-format questions.
- *Safety Alerts* highlight patient safety issues and focus on the latest National Patient Safety Goals.
- *Pathophysiology Map* flow charts make it easier to visualize and understand changes occurring in major diseases.
- Focused Assessment boxes reflect a realistic "assessment on the run" approach and offer brief checklists for evaluating the status of previously identified health problems and monitoring for signs of new problems.
- *Assessment Case Studies* for all assessment chapters help reinforce the importance of integrating and prioritizing assessment findings.
- **UNIQUE!** A separate *Sleep and Sleep Disorders* chapter expands upon this key topic that impacts multiple disorders and body systems, as well as nearly every aspect of daily functioning.
- **UNIQUE!** The *Patient and Caregiver Teaching* chapter emphasizes the increasing importance and prevalence of patient management of chronic illnesses and conditions, as well as the role of the caregiver in patient care.
- The *Emergency, Terrorism, and Disaster Nursing* chapter features expanded coverage of terrorism.
- Revised *Infection* chapter features updated infection control guidelines, an expanded section on emerging and reemerging infections, and new information about prions and H1N1 flu.

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