



# **Taste Life! Organic Recipes**

Leslie Cerier

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Expertly compiled and edited by Leslie Cerier?organic chef, caterer, lecturer, teacher, and cookbook writer?the mouth-watering recipes found in *Taste Life! Organic Recipes* come from discerning, health-conscious individuals all across the country. In each recipe, organic foods are used for their superior ecological benefits and high nutritional values, as well as optimal taste.

Taste Life! Organic Recipes shows that preparing meals with organic foods can result in fare that is more creative, flavorful, and healthy than nonorganic fare. Easy-to-follow recipes range from substantial dishes such as Heart-Warming Sweet Potato Pancakes, Stuffed Artichokes, and Vegetarian Chili, to sweet treats like Carob Fudge Brownies and Happy Monkey Banana Pie. Explicit instructions?including tips for roasting corn and peppers?make this cookbook as helpful for the novice as it is for the experienced vegetarian cook.



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