



# Healing and Preventing Autism: A Complete Guide

*Jenny McCarthy, Dr. Jerry Kartzinel*

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**Healing and Preventing Autism: A Complete Guide** Jenny McCarthy, Dr. Jerry Kartzinel  
**The must-have *New York Times* bestseller that tells you what to do now for a child with autism, ADD, ADHD, OCD, and other disorders**

For any child with challenges, early intervention is essential and parents need a plan that they can implement right away. Jenny McCarthy, one of the country's leading autism advocates, has teamed up with top autism specialist Jerry Kartzinel, M.D., to offer a prescriptive guide to the healing therapies and treatments that have turned the lives of so many children around. While autism cases have grown a whopping 6000 percent since the 1970s, the medical community is still waking up to the epidemic and parents need tools to begin healing their children and educating their doctors, instead of waiting six months to a year to get an appointment with a specialist. In this book, parents will learn about the following:

- The biomedical diet and supplement protocol
- Where to find alternative therapies and how to implement them
- A list of tests any doctor can perform
- Studies to show your doctor that will help make the case that they need to support your efforts
- Advice for preventing autism during pregnancy and the early years by looking at family history of allergies, depression, and autoimmune disorders as well as Mom's chemical exposure

Whether your child has autism, ADD, ADHD, OCD, or an autism spectrum disorder, *Healing and Preventing Autism* is the authoritative reference book with the tools to heal your child.

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