

## **Run to the Roar: Coaching to Overcome Fear**

Paul Assaiante, James Zug



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### Run to the Roar: Coaching to Overcome Fear

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Run to the Roar: Coaching to Overcome Fear Paul Assaiante, James Zug The winningest coach in college sports history shares his lessons on building and coaching teams of champions.

For 244 consecutive dual matches over the past twelve years, the Trinity men's squash team has gone unbeaten. No other team in any collegiate sport has achieved the same sustained level of greatness.

*Run to the Roar* is the story of a coach who succeeds in recruiting young men from around the world, getting them to work as a team, managing personalities, calming egos, and encouraging daily effort and focus under pressure.

The focus of the book is a single match-Trinity vs. Princeton at the 2009 national championships. Within this framework we learn how Assaiante drives his players to achieve unparalleled success.

*Run to the Roar* is not just a book about squash; it is an invaluable and unique reflection on mentoring and leadership.

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