



# Guitar Zero: The Science of Becoming Musical at Any Age

*Gary Marcus*

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Just about every human being knows how to listen to music, but what does it take to make music? Is musicality something we are born with? Or a skill that anyone can develop at any time? If you don't start piano at the age of six, is there any hope? Is skill learning best left to children or can anyone reinvent him-or herself at any time?

For anyone who has ever set out to play a musical instrument—or wished that they could—*Guitar Zero* is an inspiring and fascinating look at the pursuit of music, the mechanics of the mind, and the surprising rewards that come from following one's dreams. Gary Marcus, whom Steven Pinker describes as “one of the deepest thinkers in cognitive science,” debunks the popular theory that there is an innate musical instinct while challenging the idea that talent is only a myth. From deliberate and efficient practicing techniques to finding the right music teacher, Marcus translates his own experience—as well as reflections from world-renowned musicians—into practical advice for anyone hoping to become musical or learn any new skill.

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