



The Life You've Always Wanted Participant's Guide with DVD: Spiritual Disciplines for Ordinary People

John Ortberg

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In the six-session small group Bible study, *The Life You've Always Wanted*, John Ortberg guides you and your group through the spiritual disciplines and teaches you how they can transform your spiritual life.

What does true spiritual life really look like? And what keeps you from living it? And what can you do to pursue it?

If you're tired of the status quo – if you suspect there's more to Christianity than what you've experienced – John Ortberg invites you to join him on a road to transformation and spiritual vigor that anyone can take.

Cultivate new intimacy and confidence in prayer. Discover the freedom of secrecy. Taste the benefits of slowing life's frenetic pace. Learn how to be guided by the Holy Spirit ... and much more.

As in a marathon, the secret lied not in trying hard, but in training consistently. Proven by followers of Jesus over the centuries, the spiritual disciplines are exercises that strengthen your endurance race on the road to growth.

This pack contains one softcover Participant Guide and one DVD with six video sessions. When used together, they provide you with a practical tool that can grow your faith.

Sessions include:

1. It's "Morphing" Time
2. Practice Slowing Down and Celebrating
3. Practicing Prayer and Confession
4. Reflecting on Scripture and Receiving Holy Spirit Guidance
5. Practicing Servanthood, Finding Freedom
6. Going the Distance with a Well-Ordered Heart

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Pamela Edmonds:

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Paula Cofield:

Playing with family in a park, coming to see the coastal world or hanging out with buddies is thing that usually you may have done when you have spare time, subsequently why you don't try point that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love The Life You've Always Wanted Participant's Guide with DVD: Spiritual Disciplines for Ordinary People, you could enjoy both. It is good combination right, you still would like to miss it? What kind of hangout type is it? Oh occur its mind hangout people. What? Still don't understand it, oh come on its called reading friends.

Rebecca Kendrick:

Is it you who having spare time after that spend it whole day simply by watching television programs or just lying down on the bed? Do you need something totally new? This The Life You've Always Wanted Participant's Guide with DVD: Spiritual Disciplines for Ordinary People can be the respond to, oh how comes? It's a book you know. You are and so out of date, spending your extra time by reading in this brand new era is common not a geek activity. So what these ebooks have than the others?

Joanna Bowen:

What is your hobby? Have you heard this question when you got pupils? We believe that that question was given by teacher to the students. Many kinds of hobby, Every person has different hobby. And also you know that little person like reading or as looking at become their hobby. You should know that reading is very important and book as to be the thing. Book is important thing to add you knowledge, except your teacher or lecturer. You get good news or update regarding something by book. Many kinds of books that can you choose to use be your object. One of them is niagra The Life You've Always Wanted Participant's Guide with DVD: Spiritual Disciplines for Ordinary People.

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